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## DIFFERENCES CAPABILITY OF PATIENT INSANITY BEFORE AND AFTER OF NURSING UPBRINGING INTERACTION

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## ABSTRACT

**Background of the study:** For patient insanity with social isolation diagnoses have complecated interaction with surrounding, so that really need a nurse's help to have an ability to interact with people arround. One of nursing acts that can be giving to a patient insanity with social isolation such given a nursing upbringing of general nurse level. **Objective:** This research purpose is to measure ability patient insanity in interaction with social isolation diagnoses before and after carried of upbringing. **Method:** Design usage in the research is using a quasy experiment with "Sampling technics" and using "Possesive sampling". Counted 23 respondens. Carried of upbringing nursing which given in 4 weeks, applicated frequency on 8 times and for one meeting take 45-60 minutes. **Result:** Wilcoxon directed on capability interaction up before and after carried of nursing upbringing with scored, P = 0,028. **Conclusion**: There are some significan differences to patient capability interaction before and after carried of nursing upbringing.

**KEYWORDS:** Nursing upbringing, insanity, sosial isolation.

## INTRODUCTION

To preserve human being life required some well interactive with the others either surroundings. Well interaction will be connected when one each other have closer relationship, take and give or creating condusive environment also satisfied in interaction. Satisfying in sosial process will be reached while everyone got progressive action for interpersonal activities. High spirit and gathering in strenghtened relationship also surrounding responsibelity could be raised possesive mind for one each other (Stuart:2009).

Social isolation is one of incapability some individual person to have an interaction and socialization with other who live beside in. Even the mind feeling on rejected and unacceptable life in publics so lonely on crowd. Thus one of subjective symptoms of social isolation when the client expressed ; alonely feeling, unsafety, boring, and banishing, but the objective symptoms are; silently, won't to talk, stay alone, no more make interaction, and stiff eyesight (Nanda:2015).

Based on Widiansyah researh result said that "The patient social isolation behviour showed on will be appeared" Maladapted behave as like manipulation acts.

The other side always complaint and againt whom tried to prevent the wish. So, if the bad behaviour appeared on that can be a threat for mind and will kept silently. Eventhough the others can be threats on sense.

By the big social impact that showed by an individual person with social isolation problem. So, as a nurse should be giving nursery upbringing especially for patient that had diagnosed social isolation. One of nursery actions might given the patient with social isolation could be started by making discussion about why, Usefulness and unusefulness when did not make interaction with others, training for introducing with one or two person litle by litle (Nanda : 2015).

Based on the beginning study which held at Bantur Healt Public Center there are 23 person who have insanity mentals diagnosed, having social isolation 9 persons are symptomable. Whatever, so seldom out of the home and speak with people out of the family. When the observasion run to patient always be silent and meaningless eyesights.

Based on phenomenon above, so researcher interested to give the title of researching is "Differnces Capability of

Patient Insanity Before And After Carried Of Nursing Upbringing".

#### **MATERIALS and METHODS**

Researching Plan in the research using a Quasy Experiment with Sampling Technics and using Purposive Sampling. Counted 23 respondes. Nursing carried of upbringing with given in 4 weeks, applicated frequency on 8 times and for one meeting take about 45 - 60 minutes.

#### **RESULTS AND DISCUSSION**

Table 1: Characteristics of Respondents by Age.

| Characteristic | f  | %    |  |
|----------------|----|------|--|
| Age(year)      |    |      |  |
| <20            | 0  | 50   |  |
| 20-30          | 5  | 21,7 |  |
| 31-40          | 5  | 21,7 |  |
| >41            | 13 | 56,6 |  |

| Table 2: Capability of Patient Insanit | v Refore And After | · Of Nursing II | nhringing Interaction |
|--|--------------------|-----------------|-----------------------|
| Table 2. Capability of Latient Insaint | y Delore And Anei  | Of Nutshing U   | por mging mici acuon. |

| Variable    | Variable          |                    |              |         |
|-------------|-------------------|--------------------|--------------|---------|
|             | Pretest Mean (SD) | Posttest Mean (SD) | Selisih (SD) | p-value |
| Interaction | 3.50 (1,581)      | 4.80 (1,033)       | 1,30 (1,57)  | 0,028   |

Result of analisis data using Wilcoxon test that got significant score 0,028 it means HO denied. There are differences capability interaction before and after giving nursing upbringing. The researching result has similarity with Mr. Lubis's researching result in 2011. That asserted has influenced theraphy, team social activities, social skill training to patient capability in social isolation.

The differences capability interaction before and after carried of nusing upbringing patient at the moment tought asked to discuss about what choused of social isolation, usefullness and unusefullness, if the patient could not be interaction with other people, simultanously trained directly in order to can make introducing with someone or more.

Based on researcher confirmation with in sanity patient using diagnoses social isolation know that the causes are not interesting with them because they felt, that other people did not care of them, and felt ashamed to another because they have dishonored, so that in giving nursing upbringing depends on the patient requierments, which is patient asked to do training, introducing with someone or more, and recorded in schedule of activities such as they had trained activities, as an evidence for them, and doing introducing with other cliens in a place (purba, etc,2008). Based on the opinion that expressed by Keliat in 2009 said that nurses interaction with social isolation, need along period for the case accorded on what the researcher had done that researcher could be believed by patient after made an interaction on the third-fourth times. Training for making interaction with other people its need trainer and motivator of a nurse with a hopeness patient in order to have a actively to support them raising an interaction, and able to express what inside their heart to the others, the case is accorded whit kumar's opinion that exposed in 2015, said that social skill training is very usefull to progress social function to skizofrenia patient. Therefore a nurse intervened in healthy program renponsibility and a village nurse has a big contribution on cure, overcome some insanity patient on inhabitants, especially in local village on of activities could be do is

home visit, through the program a nurse could got actual information about what should faced by patient and the family, patient capability and family to overcome the case and giving education or cotribution alternative for facing to.

## CONCLUSION

Carried of nursing upbringing capable to reach up interaction of in sanity patient with diagnosis social isolation.

#### **RESEARCH LIMITATION**

- 1. This study has limitations in the number of sample size amounted to 23 people
- 2. This study did not analyze statistically each item between before and after training. Therefore there is no further comparison.

## RECOMMENDATION

- 1. The researcher have to measurized of the patient ability in interaction bevore and after giving nursing upbringing on certain period or periodically
- 2. For nurses who handed soul program or nurses who live at local village to help patient to make interaction with another every day.

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