

BRIDGING THE GAPS: A HOLISTIC REVIEW OF COMPREHENSIVE CARE STRATEGIES

Dr. Anu Gauba*

Principal cum Professor, Amity College of Nursing, Amity University, Haryana.

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***Corresponding Author: Dr. Anu Gauba**

Principal cum Professor, Amity College of Nursing, Amity University, Haryana.

ABSTRACT

Comprehensive care is collaboration at its finest. It brings numerous fields under one roof to provide top-notch care, while reducing expenses, wait times, and inconveniences for patients. Extensive care is becoming a widely embraced norm for contemporary healthcare and not just because patient results are improved. The strategy has also demonstrated a capability to conserve finances for both suppliers and clients. Thorough care prioritizes favourable patient results at the forefront. Thorough care is becoming a widely accepted standard for modern healthcare.

KEYWORDS: Comprehensive care.

INTRODUCTION

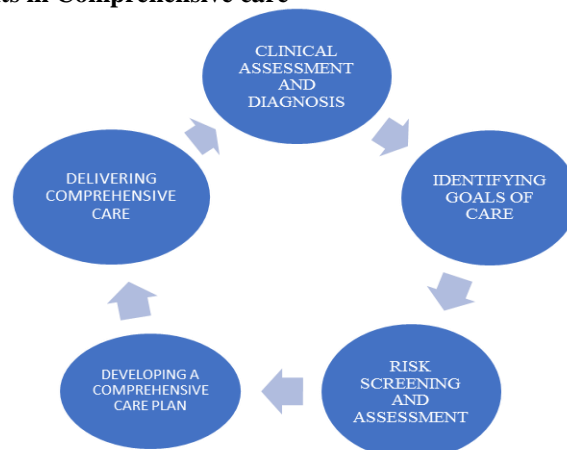
Care involves groups of medical professionals collaborating and communicating successfully to organize, supervise, and synchronize care, cooperating and exchanging decisions with the individual receiving care. It necessitates health service entities to have mechanisms and procedures in place to uphold this, and to promote a cooperative and individual-focused atmosphere. Numerous assets have been created to support the execution of the Comprehensive Care such as conceptual framework and fundamental components of comprehensive nursing care. Providing thorough care in accordance with the Comprehensive Care Standard

involves guaranteeing that healthcare given is influenced by an individual's clinical and personal requirements and preferences, is influenced by mutual decisions, and is organized and rendered in collaboration with the interdisciplinary team.

Comprehensive nursing care is an approach to patient care that considers the bodily, societal, emotional, and mental needs of the patient. Administering comprehensive care has been discovered to be an efficient method to avert illnesses and mortality, as well as enhance the capability of healthcare extended to patients.

Elements of Comprehensive care

There are five essential elements in Comprehensive care



1) The initial step in providing care is conducting a medical evaluation. Medical evaluation should rely on the patient's subjective account of the symptoms and progression of the sickness or condition, along with concrete observations from medical evaluation to establish tentative and varying diagnoses.

2) The subsequent phase is Objectives of treatment delineate what a patient aims to accomplish throughout a period of care, amidst the framework of their clinical condition. Objectives of care are the medical and individual aspirations for a patient's period of care that are established through a collaborative decision-making process.

3) The third stage is to concentrate attention on patients' requirements, and ascertain the most suitable framework of care for the patient, it is crucial that health services recognize and evaluate patients' risk of danger. patients who may be at risk of danger, and minimizing the hazards for those patients is a fundamental aspect of thorough care planning and treatment.

4) The fourth stage is a thorough care strategy is a record or electronic display detailing set goals of care, and delineating planned medical, nursing, midwifery, and allied health tasks for a patient. A solitary inclusive care strategy should be devised for a patient so that fundamental details can be distributed, reached and executed by all members of the interdisciplinary team.

5) The fifth stage involves providing holistic care that focuses on addressing the medical concerns that led to the patient's admission, as well as the potential risks of harm that have been identified, in order to meet the agreed upon clinical and personal care objectives.

Evaluating the provision of all-encompassing care is crucial to guaranteeing patients are receiving care that aligns with their clinical and personal requirements; that hazards are promptly and competently recognized and alleviated; that the established all encompassing care blueprint is attaining its intended objectives; and that patient aspirations and anticipations are being fulfilled.

Conceptual model of comprehensive care

The organisational requirements in this conceptual model are grouped into three domains

- 1) Focus on patient experience
- 2) Systems, protocols and processes to deliver comprehensive care
- 3) Organizational support to deliver comprehensive care.

➤ Strategies to support comprehensive care

1) Human Resources

- Assigned staff nurses
- Care organizers
- Management professionals
- Medical nurse advisors

- Committed scheduled groups, e.g. medical officer for specific types of patients
- Volunteer programs.

2) Systems/processes

- Automatic flagging
- Bedside handover/communication tools
- Case conferences
- Checklists
- Decision support tools
- Information portals
- Specialised workforce training- facilitation, difficult conversations, mindfulness, resilience
- Team Strategies and Tools to Enhance Performance and Patient Safety.

3) Screening and risk stratification tools

- ❖ Mental Test
- ❖ Alcohol Smoking and Substance Involvement Screening
- ❖ Braden Risk Assessment Tool
- ❖ Confusion Assessment Method
- ❖ Falls Risk Assessment Tool
- ❖ Malnutrition Universal Screening Tool
- ❖ Resource Utilisation Group – Activities of Daily Living
- ❖ Smoking Nutrition Alcohol Physical Activity
- ❖ Supportive and Palliative Care Indicators Tool.

Principles of Personalized care

- 1) Collaboration between people, families and health professionals.
- 2) It enables people to have choice and control over their lives.
- 3) It moves from passive recipients of services to active citizens.

CONCLUSION

Care strategies provide substantial advantages but necessitate coordinated endeavors to connect current disparities. By promoting cooperation, combining services, and overcoming obstacles to treatment, healthcare systems can deliver comprehensive and efficient care to all patients. The of healthcare relies on our capacity to execute and maintain these all-encompassing care frameworks, guaranteeing a fitter and fairer society.

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