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MOLECULAR TYPING OF METHICILLIN RESISTANT STAPHYLOCOCCUS AUREUS OBTAINED FROM CLINICAL SPECIMENS IN TERTIARY HOSPITALS IN JOS, NIGERIA

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ABSTRACT

Background: Methicillin resistant S. aureus (MRSA) constitutes a serious public health problem in hospitals and community settings. Knowledge of local data on antibiotic resistance of MRSA isolates is important for empiric antibiotic prescription. Aim: To determine the prevalence, clonal composition, antibiotic resistance and virulence profiles of MRSA obtained from patients in tertiary hospitals in Jos. Nigeria, **Method:** A total of 214 S, *aureus* isolates were tested for susceptibility to antibacterial agents by the disc diffusion method and determination of the minimum inhibitory concentration (MIC). Methicillin resistance was confirmed by the PCR amplification of mecA gene. The MRSA were genotyped using spa typing, multilocus sequence typing (MLST) and DNA microarray analysis. Results: Forty-seven (21.9%) of the 214 isolates were positive for mecA. Most of the MRSA isolates were cultured from wound 27 (57.4%) and urine 11 (23.4%) specimens of males (n=27 (57.4%) of age group 11-29 (n=30; 63.8%). The isolates were resistant to penicillin G and trimethoprim mediated by blaZ and dfrS1, respectively. All MRSA were identified as CA-MRSA (SCCmec type IV (n=4); SCCmec type V (n=43) by SCC mec typing. The MRSA belonged to 10 spa types with t008 (n=14; 29.8%) as the dominant spa type, followed t064 and t2658 (n=7; 14.9%), and six sequence types, ST8 (n=28), ST772 (n=6), ST7 and ST152 (n=5), ST22 (n=2) and ST88 (n=1). The common genotypes were ST8-MRSA-V-t008/t064/t2658 (n=27), ST772-MRSA-V, [PVL⁺]/t657/t345 (n=6), ST7-MRSA-V-t091 (n=5) and ST152-MRSA-V//t355/t4690 (n=5), whereas ST22-MRSA-IV [tst1⁺]/t032 (n=2) and ST88-MRSA-IV /t786 (n=1) were less common. Conclusion: The study revealed a MRSA prevalence of 21.9%. The MRSA isolates belonged to diverse genetic backgrounds dominated by ST8-MRSA-V-t008/t064/t2658 genotype. The study has provided a platform for future studies on the molecular characteristics of MRSA in the central region of Nigeria.

KEYWORDS: Antimicrobial sensitivity testing, polymerase chain reaction, MRSA.

INTRODUCTION

Methicillin-resistant *Staphylococcus aureus* (MRSA) is a major cause of healthcare and community-associated infections worldwide.^[1,2] Since its emergence in UK in 1960s^[3], the prevalence of isolation of MRSA has been on the increase worldwide,^[4,5,6] including Nigeria.^[7,8,9,10,11,12] Initially, MRSA isolates caused infections in elderly patients admitted to healthcare facilities, such as nursing homes and long-term care facilities with previous history of antibiotic use and surgery. These strains were designated Healthcare-

associated MRSA (HA-MRSA).^[13,14,5] However, since the 1990s, MRSA, described as community-acquired or community-associated MRSA (CA-MRSA), have been isolated from apparently healthy individuals in communities who had no previous history of hospital admission or antibiotic treatment.^[13,5] Since then, CA-MRSA isolates have become the major causes of infections in the community and healthcare facilities worldwide.^[5, 2]

Methicillin-resistant Staphylococcus aureus evolved through the acquisition of the *mecA* gene by previously susceptible isolates. The *mecA* gene is responsible for the synthesis of a novel penicillin-binding protein known as penicillin-binding protein 2a, which has decreased binding affinity for penicillin and cephalosporins and therefore confers resistance to beta-lactam antibiotics except the 5th generation cephalosporin, Ceftaroline.^[15] The mecA is located on a mobile genetic island called staphylococcal cassette chromosome mec (SCC mec).^[16] The SCCmec genetic element differ in size and structural organisation and based on these differences 13 SCCmec types (types I-XIII) have been described.^[5] The differences in the SCCmec types carried by MRSA strains formed the basis of the Staphylococcal Cassette Chromosome mec (SCCmec) typing which genotypically differentiates MRSA strains as either health careassociated (HA-MRSA) or community-associated (CA-MRSA).^[17, 18] HA-MRSA strains usually harbor SCC mec I, II, and III, while CA-MRSA strains harbor SCCmec IV, V, and VI and others.^[5]

It has been established that the epidemiology of MRSA strains is constantly changing in different geographical locations.^[19] It is therefore necessary to study MRSA isolates from local healthcare facilities to obtain local data that can be used for empirical treatment of infections and design appropriate infection control protocols.

In Nigeria, the prevalence and molecular characteristic of MRSA isolated in the Southwest^[20, 21], Northeast^[10, 22] and Northwest^[23] of the country have been studied. However, there are no data on the molecular characteristics and virulence gene profiles of MRSA colonizing or infecting patients in Jos, North Central Nigeria. This study was undertaken to provide information that will assist in better understanding of epidemiology, genetic diversity, clonal composition and virulence profiles of MRSA circulating in Jos metropolitan hospitals.

MATERIALS AND METHODS

Bacterial isolates

S. aureus isolates were obtained from clinical specimens at three tertiary hospitals in Jos. These were Jos University Teaching Hospital (JUTH) (600-beds), Plateau State Specialist Hospital (PSSH) (177-beds) and Bingham University Teaching Hospital (BUTH) (150beds). During the study period from December 2017 to July 2019, 1024 presumptively identified S. aureus isolates were obtained as part of routine microbiology diagnostic investigations in the microbiology laboratories of the afore-mentioned tertiary hospitals. A total of 214 isolates were confirmed as S. aureus after the 1024 isolates were re-tested by growth and fermentation on mannitol salt agar, Gram stain, and positive results for catalase and tube coagulase tests (Lyophilized Rabbit plasma; Becton, Dickinson and company Sparks, USA) at the Gram-Positive Bacteria Research Laboratory,

Department of Microbiology, Faculty of Medicine, Kuwait University. Kuwait.

Antimicrobial sensitivity testing

Antibiotic susceptibility testing was performed by the disc diffusion method according to the guidelines of the Clinical Laboratory Standards Institute^[24] with the following antimicrobial discs (Oxoid): benzvl penicillin (10U), cefoxitin (30 µg), kanamycin (30 µg), mupirocin (200 μ g and 5 μ g), gentamicin (10 μ g), erythromycin (15 μ g), clindamycin (2 μ g), chloramphenicol (30 μ g), tetracycline (10 µg), trimethoprim (2.5 µg), fusidic acid (10 μ g), rifampicin (5 μ g), ciprofloxacin (5 μ g). Minimum inhibitory concentration (MIC) for oxacillin, cefoxitin, mupirocin, vancomvcin and teicoplanin were determined with E-test strips (AB BioMerieux, Marcy l'Etoile, France) according to the manufacturer's instructions. The interpretation of the MIC values was based on the antibiotic breakpoint concentration recommended by the CLSI,^[24] S. aureus strains ATCC25923 and ATCC29213 were used as a quality control strain for disc diffusion and MIC determination respectively. The D-test was used to test for inducible resistance to clindamycin. Methicillin resistance was confirmed by mecA PCR.^[25]

Sensitivity to fusidic acid by disc diffusion method was interpreted according Skov *et al.*,^[26], Sensitive \geq 24, resistance \leq 20. Also, sensitivity to three non-antibiotic agents cadmium acetate, mercuric chloride and ethidium bromide were tested. The heavy metals and dye impregnated disc were prepared in the laboratory with the indicated concentrations: cadmium acetate (50µg), mercuric chloride, (109µg) and ethidium bromide (5µg). *S. aureus* WBG 248^[27] was used as a control strain to compare its inhibition zone to the test organism.

Molecular techniques DNA isolation

DNA from S. aureus isolates was prepared as follows: 3-5 colonies of overnight culture were mixed with 50 µl of lysostaphin (150 μ g/ml) and 10 μ l of RNase (10 μ g/ml) solution in a sterile microfuge tube and incubated at 37°C in the heating block (Thermo Mixer, Eppendorf, Hamburg, Germany) for 20 min. After incubation, 50 µl of proteinase K (20 mg/ml) and 150 µl of Tris buffer (0.1 M) were added to each sample and incubated at 60°C in the heating block (Thermomixer, Eppendorf, Hamburg, Germany) for 10 min. To inactivate the enzymes, the tubes were incubated at 95°C for 10 min in the heating block (Thermomixer, Eppendorf, Hamburg, Germany).^[28] The tubes were then centrifuged at 13,000 rpm for 5 minutes and the supernatant were transferred to a fresh sterile microfuge tube and stored at 4°C till used for PCR.

Detection of *mecA* gene by PCR

Methicillin resistance was confirmed by *mecA* PCR as described by.^[25] Amplification of *mecA* gene was performed on all isolates resistant to cefoxitin in order to confirm MRSA. The total reaction volume 25 μ L was

used for PCR using the set of primers described in table 1. This volume contained 2μ l of genomic DNA, 12.5μ l of Hot Star Red Taq Master mix, 8.5μ l PCR H₂O and 1μ l each of *mecA* primers (Qiagen, Hilden, Germany). The *mecA* DNA amplification was carried out for 40 cycles according to the following protocol: denaturation at 94° C for 30 s, annealing at 55° C for 30 s, and extension at 72° C for 1 min with a final extension at 72° C for 5 min. The amplicon was placed in agarose gel, the set-up was maintained at 120V for 30minutes. The DNA bands were visualized using UV in a transilluminator (SynGene Bioimaging System).

Staphylococcal cassette chromosome mec (SCCmec) typing

Staphylococcal cassette chromosome *mec* (SCC*mec*) typing was performed on all MRSA strains using the

multiplex PCR technique described by.^[17] A multiplex PCR was performed in a 25 μ l reaction volume using the set of primers described in table 1. The 25 μ l volume contains the following: 2 μ l of template DNA, 12.5 μ l of Hot Star Red Taq Master mix, PCR water 8.5 μ l, 2 μ l of primer mix. PCR amplifications was performed in a thermal cycler for 30 cycles under the following conditions: denaturation for 4 min at 94° C; denaturation at 94° C for 30s, annealing at 53° C for 30s, and extension at 72° C for 1 min; post extension for 4 min at 72° C. The amplicon was placed in agarose gel, the setup was maintained at 120V for 30minutes. The DNA bands were visualized using UV in a transilluminator (SynGene Bioimaging System) (Figure 3a).

| Target genes | Primer sequences $(5' \rightarrow 3')$ | Amplicon size (bp) | |
|--------------|--|--------------------|--|
| MecA | Forward GTGAAGATATACCAAGTGATT | 147 | |
| | Reverse ATGCGCTATAGATTGAAAGGAT | | |
| SCCmec I | Forward GCTTTAAAGAGTGTCGTTACAGG | 613 | |
| SCCmet I | Reverse GTTCTCTCATAGTATGACGTCC | 013 | |
| SCCmec II | Forward CGTTGAAGATGATGAAGCG | 398 | |
| SCCmet II | Reverse CGAAATCAATGGTTAATGGACC | 570 | |
| SCCmec III | Forward CCATATTGTGTACGATGCG | 280 | |
| SCCmec III | Reverse CCTTAGTTGTCGTAACAGATCG | | |
| SCCmec Iva | Forward GCCTTATTCGAAGAAACCG | 776 | |
| | Reverse CTACTCTTCTGAAAAGCGTCG | //0 | |
| SCCmec IVb | Forward TCTGGAATTACTTCAGCTGC | 493 | |
| | Reverse AAACAATATTGCTCTCCCTC | 495 | |
| SCCmec IVc | Forward ACAATATTTGTATTATCGGAGAGC | 200 | |
| SCCmec IVC | Reverse TTGGTATGAGGTATTGCTGG | | |
| SCCmec IVd | Forward CTCAAAATACGGACCCCAATACA | 881 | |
| | Reverse TGCTCCAGTAATTGCTAAA | 001 | |
| SCCmec V | Forward GAACATTGTTACTTAAATGAGCG | 325 | |
| | Reverse TGAAAGTTGTACCCTTGACACC | 525 | |

Table 1: Primer sequences used for mecA PCR and SCCmec typing.

Source:^[25]

Staphylococcal protein A (Spa) typing

Spa typing was performed by amplification and sequencing of *spa* gene as previously described by.^[29] Spa gene was evaluated using a 3130x1 genetic analyzer (Applied Bio systems, Forster City, CA. USA) in accordance with the manufacturer protocol. Isolates were assigned to spa types using the spa typing website (http://www.spaserver.ridom.de).

Multilocus sequence typing

The MLST is a nucleotide-based typing method performed on isolates using the method previously described by.^[30] MLST was performed by initial amplification and sequencing of seven housekeeping genes in each isolate. The MLST technique directly measures the DNA sequence variations (alleles) in a set of housekeeping genes and characterized strains by their unique allelic profile. Sequences from MLST were submitted to a large database (http://saureus.mlst.net/)

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where the sequences of each locus are compared with all the previously identified sequences and numbers are assigned to alleles (gene variants) at each seven loci. Isolates were assigned a sequence type (ST) according to the MLST website (http://www.pubmlst.net).

DNA microarray analysis

All isolates were analyzed using DNA microarray technique. DNA microarray technique detects various genetic determinants including species markers, genes encoding antibiotic resistance and virulence, toxins, immune evasion complex (IEC), the arginine catabolic mobile element (ACME). Others include adhesion and biofilm genes, microbial surface components recognizing adhesive matrix molecules (MSCRAMMs), accessory gene regulator (agr), capsule and SCCmec types. The assay also delineates *S. aureus* to clonal complexes (CCs). The analysis was performed using the Identibac *S. aureus* genotyping Kit 2.0 (Alere Technology, Jena,

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Germany as described.^[31, 16, 32] Data generated were analyzed using the ArrayMate software in the ArrayMate Reader (Alere Technology) as reported previously.^[16]

Statistical analysis

Data obtained from this study were analyzed using Statistical Package for the Social Sciences (SPSS) version 26.0. The MRSA, gender, age-group, and hospitals were compared using Pearson chi-square tests. Results were presented in tables, bar chart and percentages. P-values of <0.05 were considered statistically significant.

RESULTS

The 214 isolates were susceptible to vancomycin (MIC: $\leq 2 \mu g$ /ml), teicoplanin (MIC: $\leq 2 \mu g$ /ml), tigecycline

(MIC: $\leq 2 \ \mu g \ /ml$) and spectinomycin. Forty-seven (21.9%) isolates were resistant to cefoxitin and oxacillin (MIC: $\geq 16 \ \mu g \ /ml$; $\geq 8 \ \mu g \ /ml$ respectively). One isolate expressed low-level resistance to mupirocin (MIC=125 $\ \mu g \ /ml$). The 47 cefoxitin-resistant isolates were characterized further in this study. All 47 cefoxitin-resistant isolates were positive for *mecA* (Figure 1) confirming them as methicillin-resistant *S. aureus* (MRSA) yielding an MRSA prevalence of 21.9% (47/214).

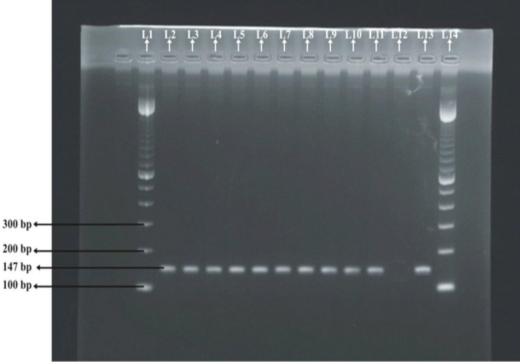


Figure I. Agarose gel electrophoresis of representative mecA positive S. aureus isolates.

Lanes 1 and 14 shows 100bp DNA molecular size ladder used for sizing DNA bands of test samples. The ladder consists of 100bp DNA bands ranging from 100 to 1500bp. Lanes 2, 3, 4, 5, 6, 7, 8, 9, 10 and 11 represent DNA bands from test samples that were positive for *mecA*. Lane 12 and 13 represents negative and positive mecA control samples respectively. The amplified *mecA* gene is 147 bp in size, therefore it was located between 100bp and 200bp.

Figure 2 shows the antimicrobial resistance of the 47 MRSA isolates. In addition to cefoxitin resistance, all isolates were resistant to benzyl penicillin and trimethoprim. In addition, the isolates were resistant to ciprofloxacin (n=39; 82.9%), cadmium acetate (n=38; 80.9%), tetracycline (n=34; 72.3%), mercuric chloride (n=28; 59.6%), gentamicin (n=18; 38.3%), kanamycin

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(n=18; 38.3%), ethidium bromide (n=16; 34.0%), chloramphenicol (n=11; 23.4%), erythromycin (n=8; 17.0%) clindamycin (n=6; 12.8%), fusidic acid (n=2; 4.3%), and rifampicin (n=1; 2.1%). One isolate expressed low-level resistance to mupirocin (MIC=125 μ g/ml).

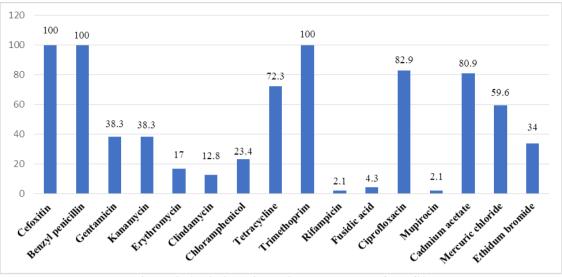


Figure 2. Antimicrobial resistance pattern of MRSA

Table 2 shows the distribution of MRSA isolates according to patients' age groups, gender, hospitals, and clinical sources of the isolates. Most of the MRSA isolates were recovered from patients within the age group of 11-29 years (63.8%) followed by patients in the age group of 30-48 years (31.9%). The proportion of MRSA isolates was higher among male patients (MRSA=27; 57.4%) than female patients (MRSA=20; 42.6%) although the difference was not statistically significant (P>0.05; P=0.160).

The distribution of MRSA isolates according to hospitals shows that JUTH provided most of MRSA (N=28; 59.6%), followed by PSSH (N=16; 34.0%)) and BUTH (N=3; 6.4%). The MRSA isolates were recovered from seven clinical sites with most of the MRSA isolates (27; 57.4%) recovered from wound swabs and urine samples (11; 23.4%). The other clinical samples comprising blood, HVS, nasal swab, urethral swab, and semen, yielded fewer MRSA isolates.

| Variables | No. of isolates N=214 | No. of MRSA N=47 (%) | P-value |
|---------------|--------------------------|-------------------------|---------|
| Age group | | | 0.030 |
| ≤10 | 10 | 0 (0.0) | |
| 11-29 | 100 | 30 (63.8) | |
| 30-48 | 90 | 15 (31.9) | |
| 49-67 | 14 | 2 (4.3) | |
| Gender | | | 0.160 |
| Female | 72 | 20 (42.6) | |
| Male | 142 | 27 (57.4) | |
| Hospital | | | 0.570 |
| BUTH | 22 | 3 (6.4) | |
| JUTH | 126 | 28 (59.6) | |
| PSSH | 66 | 16 (34.0) | |
| Specimens | | | 0.391 |
| Blood | 34 | 3 (6.4) | |
| HVS | 10 | 3 (6.4) | |
| Nasal swab | 1 | 1 (2.1) | |
| Semen | 3 | 1 (2.1) | |
| Urethral swab | 7 | 1 (2.1) | |
| Urine | 44 | 11 (23.4) | |
| Wound swab | 100 | 27 (57.4) | |

 Table 2: Demographic characteristics of S. aureus isolates.

BUTH=Bingham University Teaching Hospital JUTH=Jos University Teaching Hospital PSSH=Plateau State Specialist Hospital

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Molecular characterization of MRSA isolates

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The isolates were positive for SCC*mec* types IV and V (Figure 3a). Most of the isolates belonged to SCC*mec* type V detected in 43 (91.5%) isolates, while SCC*mec* type IV was detected in 4 (8.5%) isolates (Figure 3b).

Based on the SCC*mec* typing results all 47 MRSA identified in this study belonged to the community - associated MRSA (CA-MRSA) genotype.

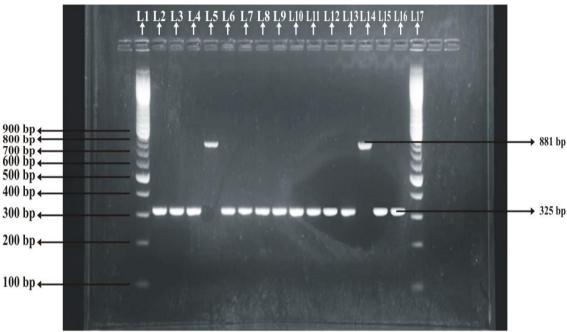


Figure 3a. Agarose gel electrophoresis of representative SCCmec types.

Lanes 1 and 17 show 100bp DNA molecular size ladder (control) used for sizing DNA bands of test samples. Lanes 2, 3, 4, 6, 7, 8, 9, 10, 11, 12, 13, 15 and 16 show DNA bands from test samples that were positive for SCC*mecV*. Lanes 5 and 14 represent DNA bands from

test samples that were positive for SCCmecIV. The SCCmecV element is 325 bp in size, therefore it was located between 300bp and 400bp, whereas the SCCmecIV is 881 bp in size and was located between 800 bp and 900 bp.

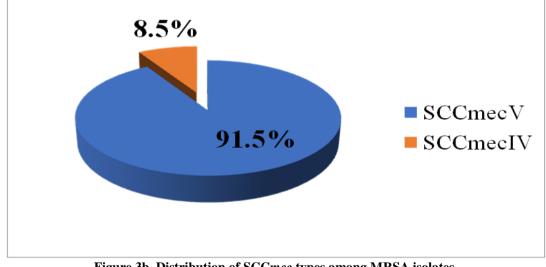


Figure 3b. Distribution of SCCmec types among MRSA isolates.

Staphylococcal protein (*spa*) typing of the MRSA isolates revealed 10 *spa* types with t008 (n=14; 29.8%) identified as the dominant *spa* type, followed by *spa* types, t064 and t2658 (n=7; 14.9%). The other common *spa* types were t091, t345 and t355 detected in five (10.6%), four (8.5%) and three (6.4%) isolates respectively. Two (4.3%) isolates each were associated

with *spa* types, t032, t4690 and t657, while t786 was detected in one isolate.

Multilocus sequence typing of MRSA isolates identified six sequence types (STs) namely, ST8 (n=28; 59.6%), ST772 (n=6; 12.8%), ST7 and ST152 (n=5; 10.6%), ST22 (n=2; 4.3%) and ST88 (n=1; 2.1%).

Results of DNA microarray analysis classified the isolates into six clonal complexes (CC) namely, CC8 (n=28), CC1 (n=6), CC7 and CC152 (n=5), CC22 (n=2) and CC88 (n=1). Most of the isolates belonged to CC8-ST8-MRSA-V-t008 genotype (n=14) followed by CC-ST8-MRSA-V-t068 (n=7), CC8-MRSA-V-t064 (n=7), CC7-ST7-MRSA-V-t091 (n=5), CC1-ST772-MRSA-V-t345 (n=4), CC152-ST152-MRSA-V [PVL+]-t355 (n=3), CC152-ST152-MRSA-V-t4690(n=2), CC1-ST772-MRSA-V-t657 (n=2), CC22-ST22-MRSA-IV, [tst⁺]-t032 (n=2) and CC88-ST88-MRSA-IV-t786 (n=1).

Distribution of virulence and antibiotic resistance genes

The isolates were positive for a range of virulence and antibiotic resistance determinants as summarized in Table 3. The MRSA isolates showed similarities in the carriage of the following virulence genes; biofilmassociated genes (*icaA*, *icaC*, *icaD*), microbial surface components recognizing adhesion matrix molecules (MSCRAMMs) such as clumping factor A/B (*clfA*,*clfB*), fibronectin-binding protein A/B (fnbA, fnbB), collagenbinding adhesin (cna), enolase (eno), van Willebrand factor binding protein (vwb) and serine rich fibrinogen (sdrC, sdrD), haemolysins (hla, hlb, hld), genes that codes of proteases such as serine protease (spIA/B/E), aureolysin (aur) and immune evasion genes such as staphylokinase (*sak*), staphylococcal complement inhibitor (scn) and chemotaxis-inhibiting protein (chp). In addition, all the isolates were positive for *blaZ* that mediates penicillin G resistance and, dfrS1 that confers trimethoprim resistance.

The characteristics of isolates belonging to the different sequence types are described below.

CCI

The CC1 consisted of six isolates that belonged to ST772-MRSA-V, $[PVL^+]$ clone. The isolates were cultured from wound (n=4); blood (n=1) and urine (n=1), and were associated with two *spa* types, t345 (n=4) and t657 (n=2). The isolates harbored accessory gene regulator type II (*agrII*), capsular polysaccharide type 5 (*cap5*) genes, and were homogenous in their carriage of staphylococcal enterotoxin genes. One isolate lacked *seu*. The isolates were resistant to multiple antibacterial agents including resistance to ciprofloxacin and cadmium acetate.

CC7

The ST7-MRSA-V, WA-131 isolates were associated with of a single *spa* type, t091 (n=5). All isolates carried the following resistance genes; *mecA* (cefoxitin), *blaZ* (penicillin), *aacA-aphD* (gentamicin), *aphA3* (kanamycin), *dfrS1*(trimethoprim), *tet(K)*(tetracycline), and *sat* (streptothricin). In addition, two isolates were positive for *erm(C)* (erythromycin) and *qacC* (ethidium bromide), while *cat* (chloramphenicol) was detected in a single isolate. All five isolates were positive for a

single staphylococcal enterotoxin gene (*sea*). One isolate was negative for staphylococcal enterotoxin genes.

CC8

The CC8 constituted the majority (28/47) of MRSA isolates. The 28 CC8 isolates were classified into four clones; ST8-MRSA-V-WA-53/120 (n=14), ST8-MRSA-V (n=10), ST8-MRSA-V, WA-115/132 (n=3), ST8-MRSA-IV-SCCfus (n=1) and were associated with three different spa types, t2658 (n=7), t064 (n=7) and t008 (n=14), The ST8-MRSA-V-WA-53/120 and ST8-MRSA-V, WA-115/132 were positive for agrI and cap5. Twenty-three of the isolates were positive for staphylococcal enterotoxin genes (sea, seb, sek, seq). Four of the isolates were positive for staphylococcal enterotoxin genes (sej, ser) and toxic shock syndrome toxin gene (tst1). The isolates were enriched with the following antimicrobial resistance genes namely; erythromycin (erm(C)),clindamycin (erm(C)),tetracycline (tetK), chloramphenicol (cat), gentamicin (aacA-aphD), kanamycin (aphA3), fosfomycin (fosB), mercuric chloride (merA/merB) and ethidium bromide (qacC). The single ST8-MRSA-IV-SCCfus isolate was unique because it carried the gene for fusidic acid resistance within its SCCmec element and possesses numerous staphylococcal enterotoxin genes (seb, sed, seg, sei, sej, sem, sen, seo, ser, seu).

CC22

The two CC2 isolates belonged to ST22-MRSA-IV [$tst1^+$] and resembled UK-MRSA-15/ Middle Eastern variant. These isolates were cultured from wound specimens obtained from JUTH and were associated with *spa* type, t032. Both isolates possessed *agrI*, *cap5* and *tst1*. One of the isolates was positive for epidermal cell differentiation inhibitor (*edinB*) gene. In addition, one isolate was resistant to erythromycin mediated by *erm*(*C*) and chloramphenicol mediated by *cat*.

CC88

The single ST88-MRSA-IV, WA-MRSA-2 isolate was associated with *spa* type, t786. This isolate was positive for *agrIII* and *cap8*. Additionally, staphylococcal enterotoxin gene, sed, was detected in the isolate.

CC152

The five CC152 isolates were identified in two clones namely, ST152-MRSA-V [PVL⁺] (n=3) and ST152-MRSA-V (n=2) and consisted of *spa* types, t355 (n=3) and t4690 (n=2). They were all cultured from wound specimens and were positive for *agrI* and *cap5* but lacked staphylococcal enterotoxin genes. Four of the isolates possessed epidermal cell differentiation inhibitor (*edinB*) gene, while the three isolates of ST152-MRSA-V [PVL⁺] harbored the PVL gene. The isolates carried genes that mediate resistance to gentamicin (*aacA-aphD*), kanamycin (*aphA3*), tetracycline (*tet*(*K*)), mercuric chloride (*merA/merB*) and ethidium bromide (*qacC*).

Table 3a. Characterization of MRSA isolates.

| Strain ID | Clone | Spa types | Source | Hospital | Agr | Cap | Enterotoxins | Other toxins | Antibiotic resistance genes |
|--------------|---|--------------|------------------|----------|-----|-----|--|-----------------|--|
| | CC1 | | | | | | | | |
| 427 | ST772-MRSA-V, [PVL ⁺] Bengal Bay clone | t345 | Urine | JUTH | II | 5 | sea,sec,seg,sei,sel,sem,sen, seo,seu. | | msr(A),aacA-aphD,aphA3,sat,fosB. |
| 209 | ST772-MRSA-V, [PVL ⁺] Bengal Bay clone | t657 | Wound | JUTH | II | 5 | sea,sec,seg,sei,sel,sem,sen, seo | | msr(A), mph(C), aacA-aphD aphA3,sat,fosB, merA,merB. |
| 425 | ST772-MRSA-V, [PVL ⁺] Bengal Bay clone | t345 | Blood | JUTH | II | 5 | sea,sec,seg,sei,sel,sem,sen, seo,seu, | | msr(A), aacA-aphD, aphA3,sat,fosB. |
| 493 | ST772-MRSA-V, [PVL ⁺] Bengal Bay clone | t345 | Wound | JUTH | II | 5 | sea,sec,seg,sei,sel,sem,sen, seo,seu. | | msr(A), aacA-aphD, aphA3,sat,fosB |
| 500 | ST772-MRSA-V, [PVL ⁺] Bengal Bay clone | t345 | Wound | JUTH | II | 5 | sea,sec,seg,sei,sel,sem,sen, seo,seu. | | msr(A), aacA-aphD, aphA3, sat,fosB |
| 171 | ST772-MRSA-V, [PVL ⁺] Bengal Bay clone | t657 | Wound | JUTH | II | 5 | sea,sec,seg,sei,sel,sem,sen, seo,seu. | | tet(K) merA, merB ,msr(A),aacA- aphD,aphA3,sat,fosB |
| | CC7 | | | | | | | | |
| 46 | ST7-MRSA-V-WA-131 | t091 | Urine | PSSH | Ι | 8 | Sea | | ,erm(C), aacA-aphD,aphA3,sat merA,merB, qacC tet(K) |
| 98 | ST7-MRSA-V-WA-131 | t091 | HVS | PSSH | Ι | 8 | - | | aacA-aphD,aphA3,sat, tet(K) merA,merB |
| 108 | ST7-MRSA-V-WA-131 | t091 | Urethral swab | PSSH | Ι | 8 | Sea | | erm(C), aaA-aphD, aphA3, sat, tet(K), cat, dfrS, merA,merB, qacC |
| 153 | ST7-MRSA-V-WA-131 | t091 | Semen | JUTH | Ι | 8 | Sea | | aacA-aphD, aphA3,sat tet(K) merA,merB. |
| 160 | ST7-MRSA-V-WA-131 | t091 | Urine | JUTH | Ι | 8 | Sea | | aacA-aphD, aphA3,sat tet(K), merA,merB. |
| | CC8 | | | | | | | | |
| 7 | ST8-MRSA-V-WA-MRSA- 53/120 | t2658 | Urine | PSSH | Ι | 5 | sea,seb,sek,seq | | merA, merB, cat tet(K),qacC, fosB, |
| 41 | ST8-MRSA-V-WA-MRSA- 53/120 | t2658 | Urine | PSSH | Ι | 5 | sea,seb,sek,seq | | merA, merB, cat tet(K),qacC, fosB, |
| 42 | ST8-MRSA-V-WA-MRSA- 53/120 | t2658 | Urine | PSSH | Ι | 5 | sea,seb,sed,sek,seo,seq. | | merA, merB, tet(K), qacC fosB, |
| 93 | ST8-MRSA-V-WA-MRSA- 53/120 | t2658 | HVS | PSSH | Ι | 5 | sea,seb,sek,seq | | merA, merB, cat tet(K) qacC, fosB |

Table 3b. Characterization of MRSA isolates.

| Strain ID | Clone | Spa types | Source | Hospital | Agr | Cap | Enterotoxins | Other toxins | Antibiotic resistance genes |
|--------------|-------------------------------|--------------|---------------|----------|-----|-----|--------------------|-----------------|---|
| | CC8 | | | | | | | | |
| 97 | ST8-MRSA-V-WA-MRSA- 53/120 | t064 | Urine | PSSH | Ι | 5 | sea,seb,sek,seq | | merA, merB, $erm(C)$, $tet(K)$ qacC, fosB, |
| 106 | ST8-MRSA-V-WA-MRSA- 53/120 | t064 | Wound | PSSH | Ι | 5 | sea,seb,sek,seq | | merA, merB, tet(K),qacC, fosB, |
| 117 | ST8-MRSA-V-WA-MRSA- 53/120 | t2658 | Urine | PSSH | Ι | 5 | sea,seb,sek,seq | | merA, merB, cat tet(K),qacC, fosB, |
| 118 | ST8-MRSA-V-WA-MRSA- 53/120 | t2658 | Wound | PSSH | Ι | 5 | sea,seb,sek,seq | | merA, merB, cat, tet(K),qacC, fosB, |
| 137 | ST8-MRSA-V-WA-MRSA- 53/120 | t064 | Blood | JUTH | Ι | 5 | sea,seb,sek,seq | | merA, merB, tet(K),qacC, fosB, |
| 318 | ST8-MRSA-V-WA-MRSA- 53/120 | t064 | Urine | JUTH | Ι | 5 | sea,seb,sek,seq | | merA, merB tet(K), fosB. |
| 341 | ST8-MRSA-V-WA-MRSA- 53/120 | t064 | Wound | BUTH | Ι | 5 | seb,sek,seq | | merA, merB, cat, tet(K), fosB. |
| 397 | ST8-MRSA-V-WA-MRSA- 53/120 | t064 | Nasal swab | BUTH | Ι | 5 | sea,seb,sek,seq | | merA, merB, cat, tet(K),qacC. |
| 400 | ST8-MRSA-V-WA-MRSA- 53/120 | t064 | Urine | PSSH | Ι | 5 | sea,seb,sek,seq | | merA, merB tet(K) cat, $qacC, fosB$. |
| 163 | ST8-MRSA-V-WA-MRSA- 53/120 | t2658 | Urine | JUTH | Ι | 5 | sea,seb,sek,seq | | merA, merB, cat tet(K), qacC, fosB. |
| 410 | ST8-MRSA-V | t008 | Blood | JUTH | Ι | 5 | sej,ser. | tsst | merA, merB tet(K), aacA-aphD, aphA3, qacC, fosB |
| 422 | ST8-MRSA-V | t008 | Wound | JUTH | Ι | 5 | sea, seb, sek, seq | | tet(K), fosB |
| 449 | ST8-MRSA-V | t008 | Wound | JUTH | Ι | 5 | sea,seb,sek,seq | | merA, merB, $erm(C)$, $tet(K)$ qacC, fosB. |
| 468 | ST8-MRSA-V | t008 | Wound | JUTH | Ι | 5 | sea,seb,sek,seq | | tet(K), fosB, |
| 469 | ST8-MRSA-V | t008 | Wound | JUTH | Ι | 5 | sea,seb,sek,seq | | tet(K), fosB, |
| 482 | ST8-MRSA-V | t008 | Wound | PSSH | Ι | 5 | sea,seb,sek,seq | | tet(K), fosB, |
| 486 | ST8-MRSA-V | t008 | Wound | JUTH | Ι | 5 | sea,seb,sek,seq | | erm(C),aacA-aphD, aphA3, fosB, |

MecA (methicillin resistance gene), merA, merB, (Mercury resistance gene), blaZ (Beta-lactamase gene), tetK (tetracycline resistance gene), fosB (fosfomycin resistance gene), msr(A) (macrolide efflux), aacA-aphD(aminoglycoside adenyl/phosphotranferase), aphA3(aminoglycoside phosphotransferase), qacC(multidrug efflux protein), sat (streptothricin transferase), cat(chloramphenicol acetyltransfer), dfrS(trimethoprim resistance), erm(C) (macrolide/ lincosamide resistance), tsst(toxic shock syndrome toxin), edin(epidermal cell differention inhibitor)

Table 3c. Characterization of MRSA isolates.

| Strain ID | Clone | Spa types | Source | Hospital | Agr | Cap | Enterotoxins | Other toxins | Antibiotic resistance genes |
|--------------|--|--------------|--------|----------|-----|-----|--|-----------------|---|
| | CC8 | | | | | | | | |
| 487 | ST8-MRSA-V | t008 | Wound | JUTH | Ι | 5 | sea,seb,sek,seq | | tet(K), fosB, |
| 503 | ST8-MRSA-V | t008 | Wound | JUTH | Ι | 5 | sea,seb,sek,seq | | tet(K) fosB, qacC. |
| 505 | ST8-MRSA-V | t008 | Wound | JUTH | Ι | 5 | sea,seb,sek,seq | | tet(K), fosB, |
| 460 | ST8-MRSA-IV-SCCfus | t008 | Wound | JUTH | Ι | 5 | seb,sed,seg,sei,sej,sem,sen, seo,ser,seu. | | erm(C),fusC, fosB, |
| 411 | ST8-MRSA-V-WA-MRSA- 115/132 | t008 | Wound | BUTH | Ι | 5 | sej, ser. | Tsst | <i>merA</i> , <i>merB</i> , <i>tet</i> (<i>K</i>) <i>aphA3</i> , <i>aacA-aphD</i> , <i>qacC</i> , <i>fosB</i> , |
| 472 | ST8-MRSA-V-WA-MRSA- 115/132 | t008 | Wound | JUTH | Ι | 5 | sej, ser. | Tsst | merA, merB, tet(K), aphA3, aacA-aphD, qacC, fosB, tet(K) |
| 478 | ST8-MRSA-V-WA-MRSA- 115/132 | t008 | Wound | JUTH | Ι | 5 | sej, ser. | Tsst | merA, merB, tet(K), aphA3, aacA-aphD, qacC, fosB, |
| | CC22 | | | | | | | | |
| 219 | ST22-MRSA-IV, [tst], UK- MRSA-15/ Middle Eastern variant | t032 | Wound | JUTH | 1 | 5 | sea,seg,sei,sem,sen,seo,seu. | Tsst | mecA, blaZ, erm(C),dfrS, cat |
| 506-1 | ST22-MRSA-IV, [tst], UK- MRSA-15/ Middle Eastern variant | t032 | Wound | JUTH | 1 | 5 | sec,seg,sei,sel,sem,sen,seo,s eu. | tsst, edinB | mecA, blaZ, dfrS. |
| | CC88 | | | | | | | | |
| 123 | ST88-MRSA-IV, WA-MRSA-2 | t786 | HVS | PSSH | III | 8 | sed | | |
| | CC152 | | | | | | | | |
| 492 | ST152-MRSA-V [PVL ⁺] | t355 | Wound | JUTH | Ι | 5 | | edinB | aacA-aphD, aphA3, |
| 504 | ST152-MRSA-V [PVL ⁺] | t355 | Wound | JUTH | Ι | 5 | | edinB | aacA-aphD, aphA3, |
| 507 | ST152-MRSA-V [PVL ⁺] | t355 | Wound | JUTH | Ι | 5 | | edinB | tet(K) |
| 483 | ST152-MRSA-V | t4690 | Wound | PSSH | Ι | 5 | | edinB | tet(K) |
| 236 | ST152-MRSA-V | t4690 | Wound | PSSH | Ι | 5 | | | merA, merB, qacC. |

DISCUSSION

Methicillin resistant *S. aureus* are clinically important pathogens because of their ability to resist all beta-lactam and other antibacterial agents thereby limiting treatment options for MRSA infections.^[1] As MRSA are associated with myriads of infections in healthcare facilities as well as in the community, knowledge of the local antibiotic resistance patterns and carriage of virulence genes by these strains can enhance better treatment outcomes, and the control and/or prevention of infections.^[2]

The results of our study revealed that MRSA constituted 21.9% MRSA of S. aureus isolates obtained from human patients attending three hospitals in Jos, North Central Nigeria. Results of previous studies conducted at other centres in Nigeria revealed MRSA prevalence of 20.3% and 22.1% at the University College Hospital Ibadan^{[20,} ^{33]} respectively. Similarly, MRSA constituted 26.9% of S. aureus isolated from patients at the National Hospital in Abuja.^[34] The MRSA prevalence in our study was lower than the 42.7% reported among S. aureus isolates collected in University of Benin Teaching Hospital^[35] and the 42.3% prevalence of MRSA reported in a multicentre study on S. aureus conducted in the South West Nigeria.^[36] Also, an MRSA prevalence of 38.5% of S. aureus was reported at Abia State University Teaching Hospital, Aba, South East Nigeria were MRSA.^[37] In contrast, lower prevalence of 13.1%, 12.5%, 8% and 15.5% were reported in Abuja, North Central^[9], North East^[22, 10] and in South West Nigeria.^[12] These reports highlight differences in the prevalence of MRSA in different health facilities in Nigeria which may reflect differences in antibiotic use or infection control practices. Overall, the prevalence of MRSA isolates in Nigerian healthcare facilities is much lower than the 47.0% obtained in Ethiopia^[38] and in other countries such as Iraq [39; 42.5%] and Saudi Arabia [40; 38%].

The MRSA isolates in this study were susceptible to vancomycin, teicoplanin, tigecycline, and linezolid. Similarly, other studies on antibiotic susceptibility of S. aureus to antibacterial agents in Nigeria^[8, 22, 41, 34], South Africa^[42], India^[43, 44], Cameroon^[45] and Nepal^[46] all revealed 100% susceptibility of MRSA isolates to vancomycin and teicoplanin indicating that these antibiotics remain useful options for treating infections caused by S. aureus including infections caused by MRSA. In contrast, a high proportion (82.9%) of our isolates were resistant to ciprofloxacin. Similarly, high prevalence of ciprofloxacin resistance was reported in MRSA studied in the North Central^[34, 35] and South Eastern^[47] Nigeria. Furthermore, studies conducted in Uganda also observed a higher prevalence of ciprofloxacin resistance.^[48] The high rate of resistance to ciprofloxacin observed in this and other studies implies that ciprofloxacin should not be used in the treatment of MRSA infections without the results of antibiotic susceptibility testing.

Our results also showed that all the MRSA isolates were resistant to trimethoprim. This is probably due to the easy availability of co-trimoxazole (trimethoprim/sulfamethoxazole) over the counter and its abuse in Nigeria. Surprisingly, trimethoprim resistance was also detected in 100% of MRSA isolates investigated in a hospital in Ethiopia^[49], in 95% of MRSA isolates investigated in Pakistan^[50] and in 88.2% of MRSA isolates in Uganda.^[48] The high rate of resistance to trimethoprim is cause for concern, since it can no longer be used for treating infections caused by MRSA.

All 47 MRSA isolates in this study carried SCCmec types IV or V making them genotypically community associated MRSA (CA-MRSA). The MRSA isolates in this study belonged to six clonal complexes, and 11 genotypes dominated by CC8-MRSA-V detected in 28 of the 47 MRSA isolates.

The CC8-MRSA-V isolates were associated with three spa types t064, t008 and t2658 (ST8-MRSA-Vt064/t008/t2658), with t008 as the dominant spa type. The isolates were resistant to erythromycin, gentamicin, tetracycline and trimethoprim mediated by erm(C), aacA-aphD, tet(K) and dfrS1, respectively, and carried genes for enterotoxin sea, seb, sek and seq. ST8-MRSA-V isolates belonging to spa type, t064, and with the same resistance and virulence gene profile as the isolates in this study have previously been reported in other studies from other regions of Nigeria^[8, 21], Ghana^[51] and South Africa^[52] indicating that the clone is widespread in African countries. In addition, ST8-MRSA-V-t064 isolates that were resistant to erythromycin and gentamicin, carried gene for agrI, cap5 and enterotoxin sea, seb, sek and seq were reported in Kuwait hospitals^[53] suggesting that ST8-MRSA-V-t064 is not restricted to the African continent.

We detected a rare CC8-MRSA isolate belonging to ST8-MRSA-IV, SCCfus/t008. The isolate carries a unique combination of fusidic acid resistance gene (*fusC*) in the SCC*mec* region. It was isolated from a wound specimen and was resistant to fusidic acid, erythromycin, clindamycin, trimethoprim, and ciprofloxacin. This lineage is rarely reported in studies conducted on *S. aureus*, but^[53], in a study conducted in Kuwait, reported a variant of this strain harboring SCCmec V in six MRSA isolates (ST8-MRSA-V-SCCfus). These isolates were also associated with *spa* type, t008, and were resistant to fusidic acid and ciprofloxacin and harbored *sea* and *seb*.

The ST7-MRSA-V-t091 clone, detected in five isolates was the next common clone in this study. Their detection in this study is significant because, although CC7-MSSA is commonly reported, CC7-MRSA are rare^[16] and were previously reported sporadically in human patients in Australia^[16] and Netherlands^[54] but has also recently been isolated from livestock^[55] suggesting that the CC7-

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MRSA clone can cause infections in humans as well as in livestock. However, ST7-MRSA-V [PVL+]-t091 isolates have recently been reported in a study conducted in Southwestern Nigeria.^[56] Although our isolates lacked gene for PVL, our report together with the report of^[56] signify the emergence of this clone in the human population in Nigeria.

We detected isolates belonging to the ST772-MRSA-V [PVL⁺], also known as the Bengal Bay Clone. The Bengal Bay MRSA clone is a multi-resistant PVL-positive CA-MRSA that was initially isolated in Bangladesh and India between 2004 and 2005.^[57] The six ST772-MRSA-V [PVL+] isolates in this study were associated with t657 (n=2) and t345 (n=4). Spa type, t657 is the classical *spa* type of the Bengal Bay clone. The t345 isolates probably represent a local variant since previous reports of the Bengal Bay MRSA clone in different countries have been associated with t657.^[58, 16, 59, 60, 61, 21, 62, 63]

We detected ST152-MRSA-V, a common MRSA genotype, in Nigeria^[8, 64], in five isolates in this study. Our ST152-MRSA-V isolates were associated with two *spa* types, t355 [PVL⁺], the classical *spa* type in the clone^[8, 64] and t4690 representing a new variant in Nigeria. Significantly, the ST152-MRSA-V lacked genes for staphylococcal enterotoxins, a characteristic reported previously in PVL-positive ST152-MRSA-V isolates in Kuwait hospitals.^[53]

The two CC22-MRSA-IV MRSA isolates in this study were positive for *tst1*, a characteristic of UK-EMRSA-15/Middle Eastern variant clone.^[65, 66, 67] The ST22-MRSA-IV-[tst1⁺] clone which is dominant in the Middle East is usually associated with *spa* type t223.^[65, 66, 67] In contrast, the two isolates in this study had t032, the *spa* type usually associated with the UK EMRSA-15/Barnim MRSA.^[68, 67, 16] This suggests that our isolates represent the UK EMRSA-15/ Barnim MRSA that has recently acquired genes encoding toxic shock syndrome toxin (*tst1*).

We detected a single CC88-MRSA-IV isolate that was associated with spa type t786 and was resistant to trimethoprim and was positive for *agrIII*, *cap8* and enterotoxin D (*sed*) genes as was previously reported in Nigeria.^[20, 21, 69] Our isolates lacked genes for exfoliative toxin A that was identified in isolates recovered from pediatric patients and healthy children in Japan^[70], and PVL that was found in ST88-MRSA-IV isolates in UK^[71] and from burn patients in Iran.^[72]

A weakness of this study is that, although the isolates were obtained from three tertiary hospitals in Jos, North Central Nigeria, the number studied was small and may not reflect the situation throughout the region. Nevertheless, the study has provided an initial data on the molecular characteristics of MRSA obtained in Jos

hospitals that was not previously available. This study will serve as platform for further studies.

CONCLUSION

The study has documented the prevalence of MRSA in *S. aureus* isolated in tertiary hospitals in Jos and provided data on the clonal distribution and their antibiotic resistance and virulence gene profiles. Most of the isolates belonged to ST8-MRSA-V-t008/t064 previously isolated in other regions in Nigeria. Other clones including the Bengal Bay MRSA clone and CC22-MRSA-IV-[tst1⁺] were also detected. The study has provided an initial data on the molecular characteristics of MRSA obtained in Jos hospitals that will serve as a platform for further studies.

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