

A GENERAL TREATMENT WHOSE PEOPLES AFFECTED PRIMARILY BY THE COVID-19 WHICH IS RECOGNIZED TO PANDEMIC PHENOMENON

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ABSTRACT

Corona virus is a mRNA virus that is so peculiar categories affiliated with virus in the SARS group.^[1] This virus already dispersed whole countries in the world but all in all there is any countries are not recovered fully from affected by the COVID-19 which is basically acts on the physiological sector likes as –upper respiratory tract firstly affected, then gradually into our whole physiological system diminished. when corona virus infected upper and lower respiratory tract so that it can show mild or highly acute symptoms of respiratory tract and gradually, release pro-inflammatory cytokines, including interleukin (IL)-1 β and IL-6. On the other hand, Toll like receptor (TLR) is importance macromolecule for lung but corona virus easily infected to this types of receptor and break down to the lung cell so that enhancing level of interleukin (IL)-1 β and IL-6 that are responsible to such kinds of disease fibrosis, lung inflammation etc.^[2] This types of condition recognize to viremia that is recalled to incubation time. In this situation, B-cell gradually decrees but T-cell same for sudden 3-6 days.^[3] The burgeon week is next second week that is so serious for affected public because B-cell and T-cell both are decreasing so that patients are recognized to pneumonia and cytokines enhancing simultaneously. At the last moment, the affected public are keep clam easily for perpetually. In this situation, must be recover if we are conscious about pandemic phenomenon from corona virus. A lots of articles suggested that, how to way boost my immune system develop so that we are wined from corona virus.

KEYWORDS: At the last moment, the affected public are keep clam easily for perpetually.

TREATMENT

Predominantly, corona virus affected peoples must be treated from any kinds of service holder by three stage ways like as; incubation phase, growth phase, lysis phase. Incubation phase is the critical phase to understand if affected or not. If any kinds of people undermine easily, will be recover. Just following such kinds of antiviral drugs like as-Iverecton (generic Name) which selectively binds and with high affinity to glutamate-gated chloride ion channels, which occur in invertebrate nerve and muscle cells leading to an increase in the permeability of cell membranes to chloride ions with hyperpolarization of the nerve or muscle cell and, ultimately, death of the parasite and same time must be using vitamin-D, and Zinc that is contributing cell membrane hardness, strongly to memory cell against corona virus that is not permeable easily into lung cell.^[6] Finally, used to Vitamin-C which is responsible for T-cell produce properly.^[5] Vitamin-C is mandatory for actin and collagen formation and tissue repair, and it plays a role in not only oxidation but also

reduction reaction and other vital pathways it easily converted to folic acid to folinic acid. At the last moment, if the patients felt awesome weakness, would be used dexamethasone (generic Drug) that is immune suppressor, Dexamethasone is an aural steroid drug^[4] which is a synthesis glucocorticoid which decreases inflammation by inhibiting the migration of leukocytes and reversal of increased capillary permeability. which selectively binds with Cytokine IL-37 has the ability to suppress innate and acquired immune response and also has the capacity to inhibit inflammation by acting on IL-18R α receptor. IL-37 performs its immunosuppressive activity by acting on m TOR and increasing the adenosine monophosphate (AMP) kinase. This cytokine inhibits likes as Dexamethasone and inflammation in inflammatory diseases by suppressing MyD88 and subsequently IL-1 β , IL-6, TNF and CCL2. The suppression of IL-1 β by IL-37 in inflammatory state induced by coronavirus-19 can have a new therapeutic effect previously unknown.^[2] Another cytokine IL-38 has presented to immune suppress activity that is inhibit

to inflammatory showing receptor like as- IL-1 β and enhancing B-cell and macrophage activity that is great study for relevant treatment strategy purpose.^[7]

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